**Our friends at Healthy Kidz are taking part in the #letsgetfit4pips charity 24-hour work out today. There is a free online afterschool session for kids-only from 4-5pm.**

**The ZOOM LINK below will go LIVE 5 MINS BEFORE THE CLASS STARTS....**

**4-5pm @HealthyKidz LIVE sponsored by @The White Orchid Spa**

**ZOOM LINK -**[**https://us02web.zoom.us/j/6369539955**](https://us02web.zoom.us/j/6369539955)

**Follow the Healthy Kidz page for further info** [**https://www.facebook.com/healthykidz1234**](https://www.facebook.com/healthykidz1234)

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